

***Tuckshop is available every  
Wednesday and Friday***

**Prep Students: Tuckshop is  
available for LUNCH only**

- **White bag for morning tea**
- **Brown bag for lunch**

Bags are available free of charge from the office, Tuckshop or classroom tuckshop box. We prefer the supplied bags as they are extra large, and can fit drinks and meals.

- Please write child's name, class and order, with total cost and any change expected. Any change will be taped to the child's lunch bag.
- Individual order bags are placed in the child's class tuckshop box on tuckshop mornings. Orders are filled, and returned to the class at each break.
- Children can purchase treats, ice blocks, and drinks over the counter.
- Children presenting with more than \$5 will be sent to the office to confirm with parents that the money is to be spent at Tuckshop.

***If your child has a food allergy or special requirement, please come and see us. We aim to accommodate specific needs where possible.***



Our tuckshop performs a very important role within our school, promoting healthy eating to students whilst allowing them a little independence when making their own choices in over-the-counter sales.

It is widely known that healthy, nutritious food choices help to improve behaviours which, in a school environment in particular, are important to educational success and school performance as well as improved overall academic achievement.

For more information on Smart Choice Menu's

<http://www.qast.org.au>



STANTHORPE STATE  
SCHOOL

# Tuckshop Menu

## ***Term 3 2017***



## Yummy Snacks

*Available over the counter and on order*

Sultanas	\$0.20
Pikelets (2) with butter & jam	\$0.50
Cheese & Crackers	\$0.50
Veggie Sticks (cucumber & carrot)	\$0.50
Anzac Biscuits	\$0.50
Home made baked treats Assorted	\$1.00
(please refer to SSPS FB page for weekly home made details)	
Popcorn	\$1.00
Fruit Cup	\$1.00
Pekish Thins	\$1.00
Fruit & custard	\$1.50
Apple crumble with custard	\$2.00

## Drinks

Warm milo	\$1.00
Spring Water	\$1.00
Plain Milk (1 cup)	\$1.00
Breaka Milk Poppers - 250 ml <i>Chocolate &amp; Strawberry</i>	\$2.00
Orchy 100% Fruit Juice - 200ml pop top <i>Apple, Apple/Blackcurrant, Orange, Orange/passion</i>	\$1.50

## Ice Blocks

*(Lunch time only, for pick up at tuck shop)*

TNT Various (Cola & Lemon)	\$0.50
Ice cream Cup (Vanilla)	\$1.20

## Tasty Lunch Specials

Available by order for **BIG LUNCH ONLY**

All specials freshly prepared daily in our Tuckshop

**Small Lunch Special                    \$3.00**

**Large Lunch Special                    \$5.00**

### JULY

#### Pizza

- ♦ Hawaiian  
(ham/pineapple/cheese)
- ♦ Vegetarian  
(capsicum/tomato/mushrooms)

### AUGUST

#### Beef Burger

Burger roll with beef patty, lettuce, tomato, cheese,  
beetroot & tomato or BBQ sauce

### SEPTEMBER

#### Chicken Strips, Chips and Salad

Homemade tasty chicken strips, oven baked chips and  
salad

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## Winter Warmers

*Available every week only by order*

### Toasties

- ♦ Cheese or Cheese & Tomato                    \$2.50
- ♦ Ham & Cheese                    \$3.00
- ♦ Ham, Cheese & Tomato                    \$3.00
- ♦ Chicken & Cheese                    \$3.50

### Jaffle

- ♦ Half size                    \$1.50
- ♦ Full size                    \$3.00

(SPC Baked Beans/Spaghetti & savoury mince)

### Soup of the day

(served with small bread roll)

- ♦ Pumpkin                    \$1.50
- ♦ Tomato                    \$1.50

***Pasta Napolitano*** with cheese                    \$2.00  
(served in a cup with lid)

### Sandwiches, Wraps & Salads

- Vegemite Sandwich                    \$1.50
- Salad Sandwich                    \$2.50  
(Any combo of Cheese/tomato/carrot/cucumber/ lettuce &  
mayo)
- Ham or Egg and salad sandwich                    \$3.00
- Chicken or Tuna and Salad sandwich                    \$3.50
- Salad plate                    \$3.00
- Salad plate with Ham or Egg                    \$3.50